

The Key to Joy

“I just want to be happy” is the cry of many people today. They want to be free from anxiety and worry, to be filled with peace and contentment, and to live in favorable circumstances. Some think they will find happiness in success, others in wealth and material prosperity, and still others in human relationships. These things are not wrong in and of themselves, but if they become sources of happiness, those who look to them will eventually find that their happiness is running dry.

Where can you go to find true happiness? Psalm 145:15 says:

“Happy are the people whose God is the LORD.”

True happiness ultimately lies in the one true God. He is the One who created you and knows exactly what you need. What He offers goes far beyond mere happiness as people often understand it. People tend to associate happiness with a feeling, but joy goes deeper. In fact, it does not depend on feelings at all; it goes into the core of our being and rests there solid as a rock.

This does not mean that if God is your God, life will always be easy. Many Godly people in Scripture went through difficult circumstances and even failed at times. The joy God brings, however, can be found even in the face of failure, poverty, aloneness, and whatever other difficult situation that may come. The valleys become times when you can experience the sweetness of His joy, unlike you would when things are going well.

Are you going through a low moment right now? Look past your circumstances and failures and look into the radiance of the Savior’s face. Make Him your God. If you will, you will find happiness, joy, and everything else for which your soul is crying out.

*God of all joy, Your word says,
“Happy are the people whose God is the LORD.”
I am not happy right now.
Help me to see past my failures and circumstances,
and to look into the radiance of Your countenance.
I make You my God.
In Jesus’ name, amen.*

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